### JANUARY 2024 BULLHORN

### MESSAGE FROM EXALTED RULER DANIELLE MAHANY

#### GREETINGS FELLOW ELKS...

What an amazing 2023 we have all had together. It's truly amazing how much our lodge has done to support needs within our community in just the last year.

We have helped battle hunger partnering with the Cleveland Food Bank packing tons of food and supporting the little pantry at People's Community Church.

We have helped those struggling with drug and alcohol addiction get sober partnering with Road to Hope bringing coffee, coffee machines, cleaning supplies, and even buying new commercial kitchen equipment to their facility.

We have helped more than 110 families with the rising costs of school supplies, donating school supplies and backpacks to Berea City Schools covering their costs for the entire school year.

We have helped veterans from across NE Ohio battling mental health by sponsoring the 3R's program helping our veterans and first responders identify biometric triggers to better manage their mental health.

We have helped educate kids and families about the dangers of prescription drug and illicit street drugs sponsoring the "Too Good For Drugs" program across Berea City Schools in addition to partnering with PTA's on family event nights. We've also partnered with Berea Police and the DEA to take back unused and expired prescription drugs and safely dispose them.

We've brought holiday joy to hundreds of kids supporting and hosting the Alia Bailey toy and gift drive which benefits kids across MetroHealth.

We've raised thousands of dollars for families of fallen law enforcement officers through our annual dart tournament to benefit the Greater Cleveland Peace Officer's Memorial Society.

We've raised hundreds of dollars to help families struggling with children diagnosed with Cerebral Palsy.

We've helped encourage kids to read by building a permanent story walk experience, partnering with Cuyahoga County Public Library and the City of Berea.

This is all in addition to the countless other activities, causes, and events our members regularly participate in throughout the year with other organizations that resonate with them.

In all, Berea Elks have put tens of thousands of dollars and hundreds of service hours into our community on 2023.

We've done all this while also making significant improvements to our facility including the installation of new heaters and air conditioning for the call.

As we look back on 2023, let's be proud of what we have accomplished and look forward to 2024 as we continue these amazing efforts. I'm proud to be a member of a lodge that truly knows what it means to be Elks.

Happy New Year to all our members and their families. See you throughout 2024!

Danielle Mahany
Exalted Ruler, Berea Elks #1815



# TUESDAYS & FRIDAYS. 6:00 P.M. TO 8:00 P.M. TRIVIA FRIDAYS

### HAPPY BIRTHDAY!

January 1 - Corey Evaldi

January 2 - Jaiden Caracci

January 4- Kelly Densel

January 4 - Nate Moore, PER

January 9 - Tylor Mahany

January 12 - Donna Bowman

January 12 - Mary Sampson

January 14 - David Kay

January 17 - Ed Marasigan

January 23 - Steve Oliveri

January 25 - John Kirkland

January 26 - Kathy McCue

January 29 - Danielle Mahany, Exalted Ruler January 30, Matthew Williams

### **UPCOMMING EVENTS**

### **JANUARY**

January 3 - Lodge Meeting

January 5 - Americanism Essay Judging (No Trivia)

January 6 - Law Enforcement Dart Tournament

January 9 - Dart League Reconvenes

January 10 - Board of Director's Meeting

January 13 - Biggest Loser - First Weigh-in

January 13 - 907 1/2 Club

January 17 - Lodge Meeting

January 21 - NE District Meeting

January 27 - Wine Tasting

January 31 - Elks Night With The Cavs!

### **February**

February 3 - Margaritas & Tacos

February 7 - Lodge Meeting

February 10 - 907 1/2 Club

February 11 - Super Bowl & Chili Cook-off

February 14 - Board of Director's Meeting

February 16 - Fish Fridays Start Today!

February 21 - Lodge Meeting

February 24 - Elks Leadership Kollege

#### MVS SCHOLARSHIP RESULTS

This year we had a stellar group of 17 MVS Scholarship applicants from 10 area high schools. In total we had nine boys and eight girls apply.

# LODGE WINNERS (GIRLS)

Navya Chauhan, Strongsville High School Rachel Curtis, Olmsted Falls High School

Rachel Delap, Olmsted Falls High School

# **LODGE WINNERS (BOYS)**

Loai Eqrai, Olmsted Falls High Schools Anthony Ferrari, Avon Lake High School Cameron Lam, Avon High School

A total of 10 ten high schools participated in the MVSS contest. They were:

Avon, 1
Avon Lake, 1
Bay, 1
Berea-Midpark, 1
Brunswick, 1
Olmsted Falls, 4
Saint Ignatius, 2
Sarah Grether, 1 (Medina)
Solon, 1
Strongsville, 4

The lodge winners advance to the the next level for judging. In all, the Elks will award 500 scholarships ranging from \$4,000 to \$50,000 per scholarship (amount divided over 4-years).

Scholarships are available to graduating high school seniors.

Congrats to all students and best of luck to our lodge winners!

### THURSDAY NIGHT WALKS CLUB

This walking club has been on and off over the years and returned in December with continued walks in January. The group meets at a different designated point each Thursday night at 6:00 p.m. (sharp) unless otherwise noted below and walks for about 90 minutes at a brisk pace. Each walk is about 5-6 miles in length with a goal to raise heart rate levels as an exercise routine. Pace is about 15-17 minute miles depending on trail conditions.

During the winter months, walks usually start out at sunset with poor lighting, so bring a flashlight or body light to help with visibility.

All walks are subject to weather. Walks will be cancelled if raining or too icy of conditions. Please dress for weather otherwise and wear appropriate shoes or hiking boots.

All walks will stay on established Metropark paths and/or trails for safety.

Please consult your physician before starting any new exercise routines.

Below are the scheduled starting points for upcoming night walker sessions. For latest updates, please join the Thursday Nightwalkers text group be e-mailing your name and cell phone number to Richard Threadgill at <a href="mailto:bereaelk@gmail.com">bereaelk@gmail.com</a>.

### **BIGGEST LOSER CONTEST**

It's that time of year where many of us put out resolutions. For those of us looking to shed some pounds and get healthier, the lodge is holding a "Biggest Loser" contest.

Inspired by the reality TV show, the contest will run January through the end of March. For anyone interested in participating, the first weigh-in will be Saturday, January 13, 2024 around 6:30 p.m. The cost is \$50 per person with cash payouts to the top three finishers (payouts are determined but he total number of contestants).

We will then have a weigh-in every Saturday through March 30th. Anyone unable to make a Saturday weigh-in will be assessed a \$5 penalty, but can still participate in the contest, assuming the contestant makes the first and last weigh-in of the contest

Winners are determined by total percentage of weight lost from the original weigh-in to the final weigh-in.

All weigh-ins will be recorded and posted to a private web-link that can only be viewed by the by the participating contestants.

To help support the effort, the 11th Hour Grille will be offering special low-fat, low-calorie meal options during the contest period. Additionally, anyone can take advantage of the <a href="https://example.com/Thursday Metropark Night">Thursday Metropark Night</a> Walkers at no cost.

The goal of the contest is to encourage and support anyone looking to get healthier with a fun contest. Like with any activity of this nature, please consult your physician before undertaking any significant change to your diet and/or exercise regimen.

If anyone has any questions about the contest, please contact Richard Threadgill at bereaelk@gmail.com or at 216-210-5339.

Good luck to all who participate.

### **ELKS NIGHT AT THE CAVS!**

The Berea Elks have partnered with the Cleveland Cavaliers for a special night out on Wednesday, **January 31, 2024**. Join your fellow Elks at the game and be down at the court level for a special pregame early warm-up experience! Tickets start at just \$36!

Go to this website to buy tickets: https://pa.exchange/marketplace/976a2808-9601-11ee-a010-433ad6c0a494/storefront/976a2984-9601-11ee-b54b-1fa71fe4a171

### 3RD ANNUAL LAW ENFORCEMENT DART TOURNAMENT

Last year's tournament had 18 teams competing and was a huge success, raising over \$2,000 for the Greater Cleveland Peace Officers Memorial Society (GCPOMS) a non-profit charity, whose mission is to honor peace officers who have made the supreme sacrifice in the performance of service to their communities and the nation, especially those from the Greater Cleveland area, including Cuyahoga, Geauga, Lake, Lorain, Medina, and northern Summit Counties. This year's profits will again be going to GCPOMS.

This is a double elimination tournament with two member teams competing in games of 501 and Cricket. Individual team members <u>must be either Elks or law enforcement (active/retirees)</u>. Entry fee for teams will be \$60 with all profits going to benefit GCPOMS. Start time is expected to be at **9:00 am on January 6, 2024**.

There will also be a cash bar during the tournament with all profits going to GCPOMS. Additionally there will be 50/50 raffles being run during the tournament, again with proceeds going to GCPOMS.

Any checks should be made out to: BPOE Berea #1815. Contact Art Bowker at Berea Elks #1815 by email or by cell 216-262-2946 to get your teams signed up.

## AMERICANSISM ESSAY CONTEST JUDGING

**VOLUNTEERS NEEDED!** - Friday January 5th at 7:00 p.m.

It is time to pick this year's Lodge winners in the Elks Annual Americanism Essay Contest! The theme this year is "What Does the Bill of Rights Mean to Me?". A minimum of at least a dozen volunteers will be needed to read and evaluate up to 1,000 essays from 5th, 6th, 7th & 8th grade students throughout our area. It is a lot of fun and very interesting to see what our young people have to say each year! A sign-up sheet will be in the lounge or e-mail me at maloney.w@sbcglobal.net

### **MARGARITAS & TACOS TASTING**

Join us for an amazing night of fresh made tacos and amazing margaritas! We'll be serving a flight of three amazing craft-made margaritas expertly paired with three different hand-made tacos.

Special dinner event February 3, 2024 and requires advanced order by February 1st.

### SUPER BOWL & CHILI COOK-OFF

This year's Super Bowl in Las Vegas should be quite the spectacle! Come down to the lodge to watch the game on our huge TV's and enjoy great beer specials all night. Plus, the lodge will have a chili cook-off contest with prizes for top entries. Doors open Sunday, **February 11 at 5:00 p.m**. with judging and awards at half-time!

### **BUCKEYE BUCKS CALENDAR SALES WINNER!**

Berea Elks top calendar-selling member this year is Rich Ward, selling a total of 33 calendars, personally raising \$165 for our lodge! It was a close contest as Bob Bickford sold a 2nd-place total of 28 calendars.

Thanks to all the members who helped us exceed 100 "Buckeye Bucks" calendar sales this year! As our winner,

Rich wins the calendar with our Lodge number of 1-8-1-5. Good luck to all who purchased calendars! Hopefully we will have lots of winners during 2024.

January 2024						>
SU	MO	TU	WE	TH	FR	SA
	1	2 <b>6p</b> 11th Hour Grille	<b>7:30p</b> Lodge Meeting - All Elks Welcome	4 <b>6p</b> Thursday Metropark Night Walkers	5 <b>6p</b> 11th Hour Grille (No Trivia) <b>7p</b> Americanism Essay Contest Judging - VOLUNTEERS NEEDED	8:30a Law Enforcement Dart Tournament
7	8	9 <b>6p</b> 11th Hour Grille <b>7p</b> Dart League Night	7:30p Board of Director's Meeting - All Elks Welcome!	6p Thursday Metroparks Night Walkers	12 <b>6p</b> 11th Hour Grille & Trivia	13 6:30p Biggest Loser Weigh-In 7p 907 1/2 Club
14	6p Martin Luther King Jr. Day (Lodge Closed)	16 <b>6p</b> 11th Hour Grille <b>7p</b> Dart League Night	17 7:30p Lodge Meeting - All Elks Welcome!	18 <b>6p</b> Thursday Metroparks Night Walkers	19 <b>6p</b> 11th Hour Grille & Trivia	20 <b>6:30p</b> Biggest Loser Weigh-In
9a Northeast District Meeting - CAB Lodge #1923 (LODGE CLOSED)	22	23 <b>6p</b> 11th Hour Grille <b>7p</b> Dart League Night	24	25 <b>6:30p</b> Thursday Metroparks Night Walkers	26 <b>6p</b> 11th Hour Grille & Trivia	27 <b>6:30p</b> Biggest Loser Weigh-In <b>7p</b> Wine Tasting
28	29	30 <b>6p</b> 11th Hour Grille <b>7p</b> Dart League Night	31 <b>7p</b> Elks Night at the Cavs!			